

The Liver Problem Hiding in Plain Sight

MASLD in Primary Care — What Every GP Should Know

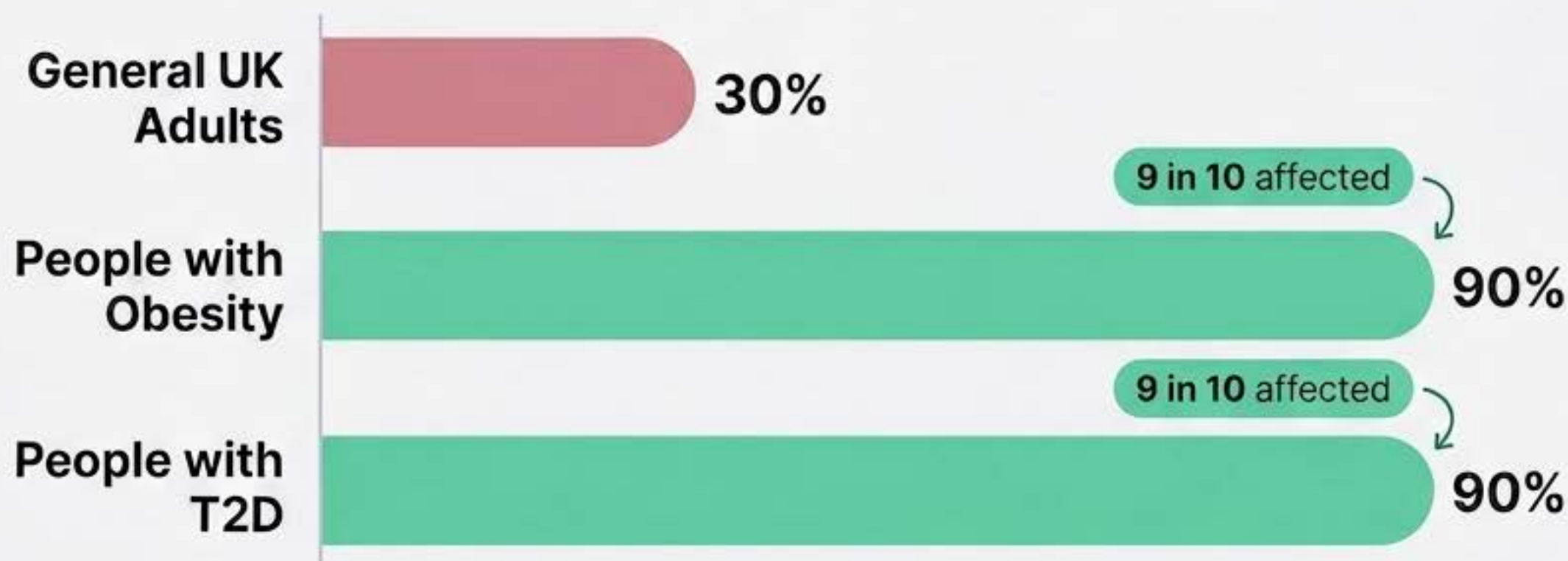
1 in 5

adults has abnormal liver bloods

≠ Liver Disease

Leading cause of death is CVD,
not liver disease

MASLD PREVALENCE BY PATIENT GROUP



PRIMARY CARE MANAGEMENT



**Mediterranean
Diet**



**Physical
Activity**



**Weight
Loss**



**Manage BP,
Glucose & Lipids**

Use FIB-4 to stratify fibrosis risk. Treat the cardiometabolic picture hard.