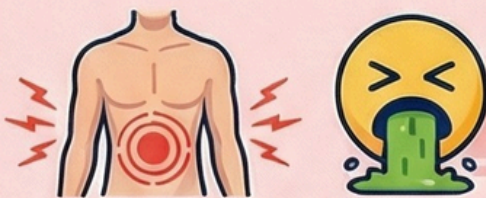


GLP-1 Weight-Loss Injections

Distinguish between manageable side effects and rare, serious medical emergencies.

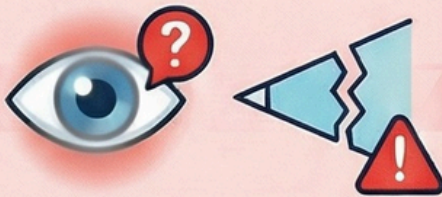


KNOW THE "RED FLAGS"



SEVERE ABDOMINAL PAIN

Seek help for intense central stomach pain radiating to your back, especially with vomiting.



SUDDEN VISION CHANGES

Seek urgent care for sudden blurred patches or loss of vision in one or both eyes.

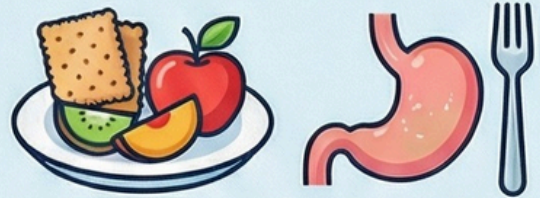


PANCREATITIS WARNING

If pancreatitis is confirmed, medication will be stopped immediately and never restarted.



DAILY CARE & LONG-TERM SUCCESS



MANAGE NAUSEA WITH SMALL MEALS

Eat small, bland portions like crackers and avoid greasy or spicy foods if feeling sick.



PRIORITIZE HYDRATION

Sip water throughout the day to prevent severe dehydration and potential kidney problems.



THE "REBOUND" EFFECT

Weight can return quickly without a long-term plan for diet and structured lifestyle support.