

# The Exit Plan: A New Mandate

## EXIT PLAN BEFORE YOU START



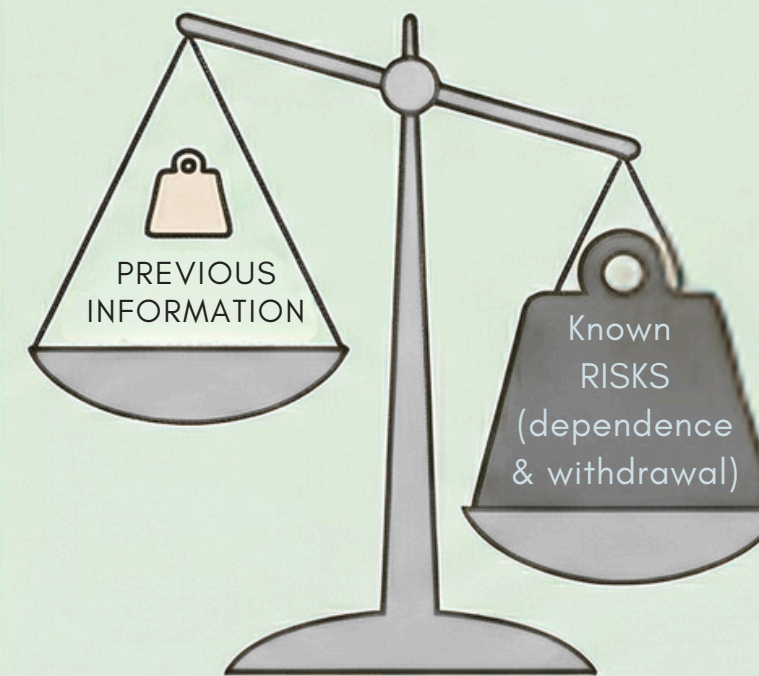
**Before starting treatment, discuss and agree on a strategy for reducing or stopping the medication with the patient.**

## YOUR REQUIRED DISCUSSION CHECKLIST



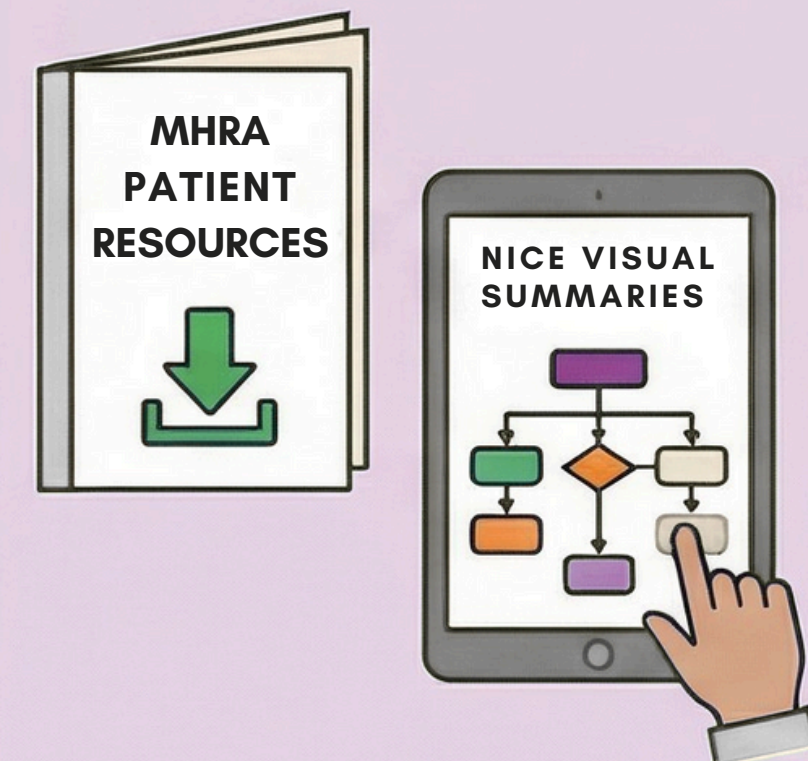
**Cover these key topics with the patient.**

## WHY THE CHANGE?



**An MHRA review concluded that previous information did not sufficiently communicate the known risks of dependence and withdrawal to patients.**

## USE THE NEW TOOLS



**Provide patients with the new, dedicated MHRA patient resources and use NICE visual summaries to support the conversation.**